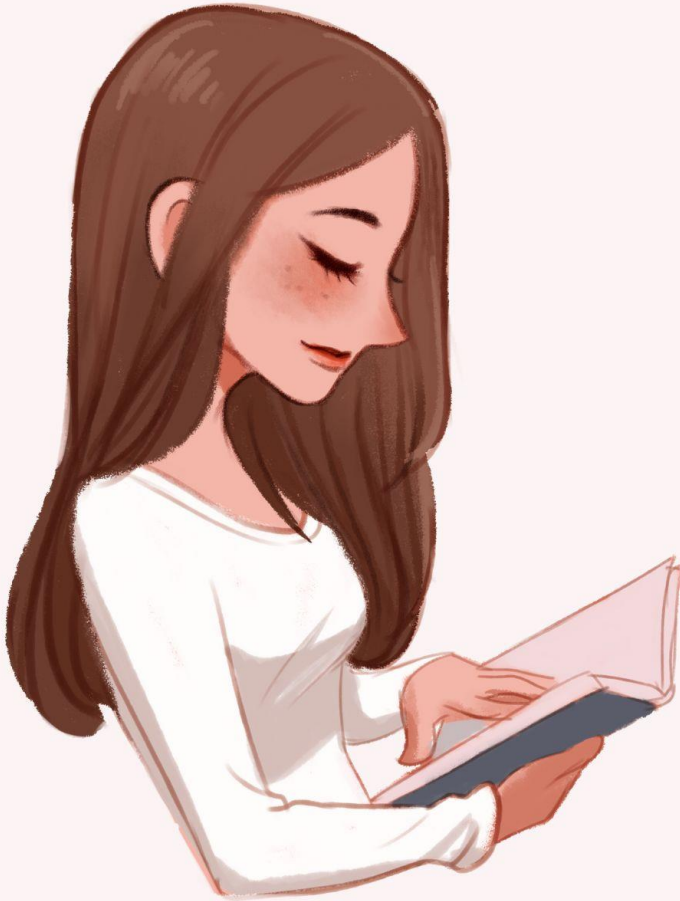




# QUANTUM BRAIN

BY INIMZI



# INIMZI

## HOW DO CHILDREN LEARN IN OUR TYPICAL AMERICAN SOCIETY?

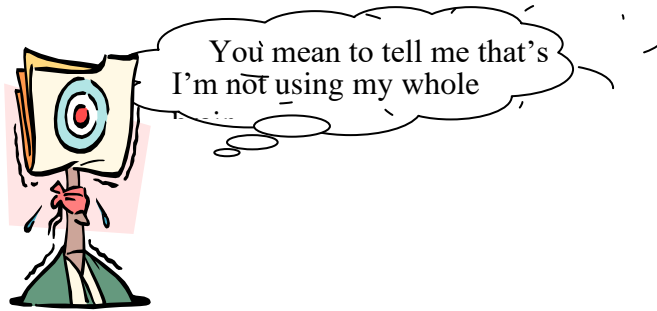
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Stress is the single most important  
factor that inhibits learning

So, is this why we are using such a small portion  
of the brain?

When our children are getting headaches or stomach  
aches in school, what do you think is happening? Can  
*you* process information when you are stressed? Why  
do we expect our children to?

Unreasonable expectations and “quick-fix” scenarios  
polarize our ability to think. We subsequently develop  
defensive ways of doing things.



## UNDERSTANDING UNIVERSAL LAW

When we study the laws of physics, we learn that there are three levels: Newtonian physics—an aspect of which is based on the law of gravity (dense, heavy energy; “*life is hard*”); Einsteinian physics—based on the theory of relativity (matter and energy are interchangeable and more refined and concentrated, energy moves at the speed of light; *life is relative and very often a paradox*); and Quantum physics—based on whole, balanced energy (where miracles happen and “*life is good*”).

## NEWTONIAN REALITY (Survivor State)

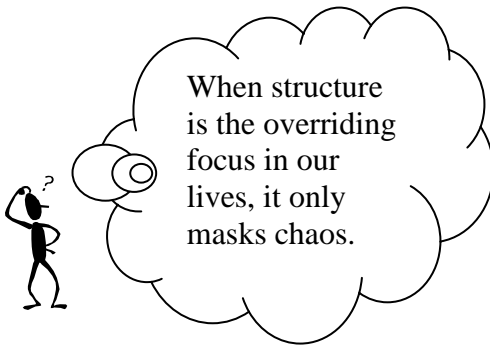
When we become stressed, a *Newtonian* brain-state develops. We live in a state of **survival**. In this state, what we think and feel creates energy that polarizes or falls in on itself. The following are examples of what we generally do or say to our children when we are experiencing stress on this level.

## THE LEFT-BRAIN APPROACH

When parents are operating mainly out of the (polarized) left brain, they resort to *control* to make things work. Such an approach usually comes across as insensitive. Commands such as, “Suck it up” or “do it now” and “do it right” are common. There are different degrees of control. Extremely insensitive parents keep using force to get the result they desire. They program their children to “try harder” and “never EVER give up,” There are no allowances made for mistakes or human frailties. These parents are looking for immediate results and are passing on to their children the false belief that life is hard.

Does this scenario work?

Not unless we are programming robots!

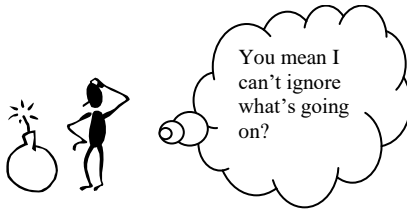


**Physics Law: For every action is an equal or opposite reaction.**

## THE RIGHT-BRAINED APPROACH

On the other hand, parents functioning mainly out of the (polarized) right brain are emotional, oversensitive, and feeling all the trauma their child experiences. This attitude enables the child to cave in or give up. Self-worth plummets, as the child accomplishes nothing. He often stays home from school and has a million excuses as to why things aren't done. Parents excuse this behavior because they feel his pain and are accustomed to validating his excuses. The child is saturated with feelings of hopelessness and failure.

Does this scenario work? Not unless we want helpless, hopeless wanderers on our hands!



**Physics law: What you resist will persist.**

These ways of dealing with our children are all too common. In order to ensure our child's success, we try to force her to fit into the system (polarized left brain) which causes stress in the child—or in frustration we

give up (polarized right brain) and the child receives no support or understanding.

As adults we have learned that the world predominantly operates in a left-brained way. If we are right-brained, we have probably already discovered that ignoring the world's expectations doesn't work. So, we may go in the completely opposite direction and try hard to meet the world's expectations, because we feel we must. Do we accept this as the way life is? Or, have we wondered if there is a better, more fulfilling way of living? When we ask those kinds of questions, we are ready to move to the next level.

## EINSTEINIAN REALITY

### (Reviver State)

In an Einsteinian, interconnected brain state, energy is more refined and concentrated. In this reality, we begin to **revive** ourselves. Even though we have learned many skills to be effective as parents, we find ourselves in conflict with the world's expectations. Life, very often, appears to be a paradox, which can create confusion. We may find ourselves stuck, not knowing what to do. Here's an example:

Johnny has loving parents; however, he just isn't "getting it." They don't have unreasonable expectations--they don't expect him to be a straight-A student. They just want him to make it through, to not get hurt. If only he could be a C student, they would be happy.

Johnny's parents have progressed to an Einsteinian state. Let's see how this looks.

## THE LEFT-BRAINED APPROACH

Johnny's parents may make statements such as, "Honey, keep trying." They have compassion, but by not knowing how to do things in a more effective way, they are saying to the child, "Keep trying to do things the *hard way*." "Trying hard" makes things hard. The paradox is not resolved and once again, life is hard.



Life is hard when we put our focus on left-brain expectations, looking for solutions.

So, they try again.

## THE RIGHT-BRAINED APPROACH

Johnny is in pain. His parents recognize there is a problem, so they plan things to buoy him up so he can at least succeed in something. They may try all kinds of things in order to find something he's good at. They



downplay anything difficult and never focus on his failures. So, does that help Johnny? Has he learned how to deal with challenging situations? Even though parents mean well, he becomes polarized, and when reality sets in, life is hard.

Why doesn't this work?



**Problems are not solved when we put our focus on right-brain escapism, looking for solutions.**

Definition of insanity: Doing the same thing over and over again, expecting a different result!

Well-meaning parents get stuck too. STOP trusting in what isn't working and learn what does work!!

# QUANTUM REALITY

## (Thrivers State)

In Quantum state, the energy is pure, instantaneously connected and powerful. We thrive. Life is a miracle.

Einstein said: There are only two ways to live life. One way is as though nothing is a miracle; the other is as though everything is a miracle.

When life is lived as though it is a miracle, we *allow* things to happen instead of *making* them happen. When there are challenges, we have the ability to address issues without avoiding (right brain tendency) or trying too hard (left brain tendency). When we are true to universal laws, we are true to ourselves. When we are true to ourselves, we are empowered because we trust the truth within us as we move forward. The passion, motivation, and strength to live well come naturally as we continue on this path.

## A PARENT'S INTEGRATED TEACHING STATE

Mom enjoys her life and being with her children. She discovers that when she makes them a priority, they are calm and have the ability to think clearly. They are cooperative and eager to learn and to understand, so

they take responsibility in making choices for themselves. Mom senses how much responsibility each child can handle. Therefore, they learn to be honest and true to themselves.

## **A STUDENT'S INTEGRATED LEARNING STATE**

Lisa loves to learn. She is inquisitive and sensitive. When she is challenged, she figures out ways to get through what is blocking her. She does her best without self-judgment and unrealistic expectations. She's okay with making mistakes and seeks help when she doesn't understand. She exhibits a natural self-assurance that draws others to her. She is patient and enjoys being in the moment. Learning is a part of her life whether she is working or playing.



Oh, sure! Do pigs fly?  
Who's going to believe that!!

Well, okay, it's going to  
require some education,  
training and understanding.

So, let's take a closer look at what is happening in the classroom. Keep in mind, most classrooms are set up in a left-brained way.

# TYPICAL LEFT AND RIGHT-BRAINED STUDENTS

## Characteristics



Here's Suzie, our left-brained student. She likes structure. It makes her feel secure. It's important for her to do things right, and she explains why she does so. She's really picky about what her hair and clothes look like. She likes to plan and is always doing something. She follows through no matter what. Being in a structured, organized environment is natural for her. She likes school.



Here's Johnny, our typical right-brained student. He's a happy-go-lucky kid. He doesn't seem to be controlled or bothered in the least by things. Who cares if he combed his hair that day or if his clothes match? He does what he feels like doing. He enjoys being in the moment and likes to feel and experience life. Sitting in a desk five days a week for six hours a day is torment to him.

## Brain-Processing Differences

Johnny seems bored in the first five minutes of classroom instruction. His mind aimlessly wanders. If he reads out-loud, he skips words, or lines, and adds things that aren't on the page. When he's given an assignment to do, his thoughts are random, and he writes in short, incomplete sentences without any punctuation. Half the time he forgets to turn in his assignments. *The funny thing is, he seems intelligent.*

Suzie pays attention to every word, makes sense of everything that is said, and asks lots of questions for understanding. She doesn't miss a beat. She seems to know the answers to all the problems. When given a written assignment, she uses complete sentences and her thoughts are ordered. She's very punctual and gets her homework in on time. She never interrupts the class and is a model student. However, if she is given essay questions, she seems to lack understanding. Story problems can knock her for a loop.

## Left/Right Brain Processing Differences

### Left

Linear

Analyzer

Sequential

Logical

### Right

Conceptual

Daydreamer

Random

Intuitive

Goals imposed upon us from an  
outside drain energy.

## JOHNNY'S LEARNING EXPERIENCE

Right-brained Johnny, who thinks conceptually, perceives in wholes, which can result in dyslexic tendencies when he has to read from left to right on a two-dimensional flat surface. The right brain is multi-dimensional in thought and is distance-oriented. Try this simple exercise to help you understand Johnny's point of view. Hold an object such as a shoe in your hand. Turn it upside down. Is it still a shoe? Now turn it backwards. Is it still a shoe?

Now imagine Johnny's confusion when he is shown a "b" one day, and told the next day that the *same letter* turned the other way is a "d." Later, he is told it is a "p" then a "q." No wonder he starts to feel "dumb."



If he says to himself over and over that he is dumb, he is reinforcing a false belief. The subconscious mind believes everything you say.

This is Johnny's reality. It isn't the truth, but it's what he looks for and expects. It is then reinforced as *his truth* repeatedly.

**Your reality is what you believe to be true.**

Because of all this, do you think Johnny may begin to think he has a bad memory or even that there is something wrong with his brain?



**When we are thinking conceptually, we are using our peripheral vision. A narrow (foveal) focus moves us into a linear way of processing information. Little children learn and understand so quickly because they are more right-brain dominant. Their vision is mostly peripheral, so they see in “wholes.” Their memories are nearly perfect because they are basically stress-free. The left brain develops later in childhood. In our optimal state, our left and right brain are perfectly integrated and balanced.**

If Johnny is using his peripheral vision, he sees things multi-dimensionally. If he is looking at a flat surface, it is possible for letters to look like those below. They may even move around on the page.

C N O R A T I  
A Y U E D H S ?

Try looking at a page of text sometime when you are in a meditative state. The letters will go into three-dimension and move around on the page. You must be conscious to notice it though, which is difficult because when you are in meditative state, you aren't fully conscious.

So, could that be another problem when it comes to left-brain expectations? How can you expect someone to be conscious of things when they function subconsciously?

In most cases, the symptoms Johnny experiences aren't as extreme as the above. He may just get eye strain or headaches when trying to read.

Even though Johnny has a headache, he is told to keep his mind on his work and to quit gazing out the window. Now, why is he gazing out the window? Could it be a natural attempt to alleviate the headache or eye strain? Is he consciously trying to avoid? Of course not! He is subconsciously trying to resolve his problem, but that only creates another problem: pressure from his teacher. So, he tries hard (a left-brain way of doing things, which is extremely difficult and not his natural state) to stay with the task at hand to read these funny squiggly marks on the page. He and his teacher end up in a never-ending cycle of frustration.

The left-brain is receptive to symbolic code and naming objects or things. The right brain describes and associates with feeling.



When doctors operated on a man who had grand mal seizures, they cut the corpus callosum between the left and right brain in order to alleviate his symptoms. They found that when they covered his right eye, held up a pencil, and asked what it was, the patient couldn't name the object. But when the doctors asked him to describe what it did, the patient could say that he writes with it. Then the doctors covered his left eye and asked what the object was. The patient could then say it was a pencil, but he couldn't say what to do with it.

So, it's easy for a child who accesses his left brain to name letters: "That's an A" or "That's a B." The child that mainly functions from his right brain doesn't even have the words to describe what those symbols are. Can you describe an "A" to me? Verbalizing is a left-brain skill and not a part of the equation when you are in the right brain--not to mention you are looking at a two-dimensional surface.

Naming letters seems irrelevant to right-brained students. They are kinesthetic and emotional. Tell me, how do you *feel* an A or a B? What kind of experience have students had with an A or a B? They may only remember that it was confusing. If they haven't felt or experienced a letter, does it mean anything? It's just a squiggly line on the page. There's no point of reference.



So, we as individuals and parents pound, drill and repeat ourselves for a lack of a better way of doing things. We discover that if we hound enough, it brings kids out of their haze (or out of their right brain) and we might get their attention to get some information in. Of guide, that is only a temporary fix. Over time, his stress level can increase, and the student may get more confused, begin to shut down or check out.

Eventually Johnny can read, but it's choppy and he skips, omits and adds things that aren't there. Now why would he do that? If you ask Johnny, he'll tell you he doesn't know.

It's interesting that unstressed students who read choppily many times *understand* what they read. But if they are highly stressed, they don't pull into their right brain to conceptualize for comprehension. By the time eighth grade rolls around, the student is frustrated, uptight, and possibly angry. ***This is the grade when students begin to drop out.***



Do you think it's time to do something differently?

As our society focuses on perfection and the end result, we don't always appreciate the process. The *process* of learning is the fun part. In the process, we make

mistakes, are okay with it, learn from it and enjoy our lives.

**Are we ready for a solution? We can become  
Einsteins!!**

**Let's step out of the box!!!**

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## WHOLE-BRAIN LEARNERS NEED A SENSE OF PURPOSE

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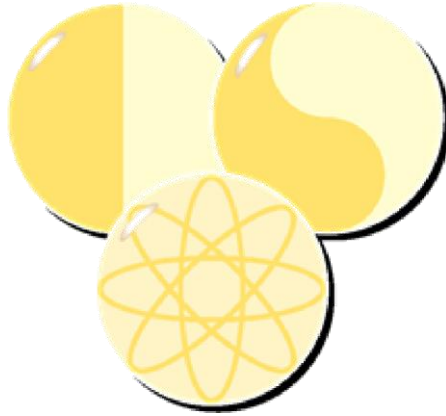
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*How many of us realize that we are creators of our lives? Do we know that what we think and how we feel helps to create our experiences? How many of us wish we understood the laws of the universe better so our lives could be more prosperous and happier?*

This Parent Guide teaches certain principles that can help us all live a more fulfilled life. When we build enough momentum by trusting and following our true inner guidance, we can experience abundant living.

We can create abundance in anything. Understanding the Universal Laws of Reality empowers us. At *Inimzi Quantum Brain*, we relate these laws of reality to the laws of physics. There are three main laws: Newtonian, Einsteinian, and Quantum. We call them the *Circles of Learning*.

# THE CIRCLES OF LEARNING

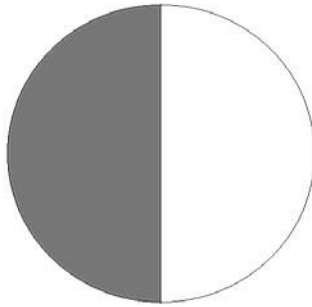


I want to help these children and adults find a sense of purpose. Since many struggling students are right-brained, they are conceptual thinkers. They need to understand the big picture before they will be motivated to do anything. They desire to understand the deeper meanings in life and to feel a connection to someone or something greater than themselves. They can then discover their own greatness. Religion usually does not motivate them. It is too structured and feels controlling. School is too structured. This guide will show you what motivates these youth. They may look like failures, but they are actually Einsteins in disguise.

When parents also have a deep understanding of their purpose in life, that sense of wholeness and completeness naturally passes on to their children. The

information in these next few pages describes each of the three levels of reality. Understanding the different levels helps create awareness of where we are in our lives. It is not a weapon to judge ourselves or others harshly. No person is any better than another. When we see ourselves clearly, we have the opportunity to clear ineffective patterns. Often those who experience the greatest pain in their lives have the potential to experience the greatest joy. The processes to effectively live within these universal laws are taught in the *Inimzi's Coaching* guide.

## NEWTONIAN REALITY (SURVIVOR STATE)



One aspect of **Newtonian law** is based on the law of **gravity**.

Another aspect states that objects are **solid**.

That means the energy is *heavy* and *dense*.

Isaac Newton laid the foundation for understanding how our universe functions. He described the universe as a huge, solid mechanical system. Each planet acts independently. As one part begins to function, it then affects the other parts.

If we relate Newtonian physics to ourselves, it is a concrete way of viewing life, as if we are machines functioning robotically and independently of one another. That viewpoint is stating that we are solid objects having to work hard and are only affected by others in a physical sense. Our reality is based only on our five senses.

The school of thought in this reality can be related to the law of gravity. When we compare that to ourselves and how we think and feel, the energy is heavy and dense. In Newtonian law, objects that feel solid *are* solid. In this reality, thinking patterns are either solid black or solid white.

When we correlate this understanding to our lives, we think in simplistic terms. Everything is cut and dried, black or white, good or bad.

In Newtonian reality, judgment is prevalent, and decisions are easily made, since outcomes seem obvious. Either it's right or it's wrong; it's good or it's bad. It seems simple. However, the energy polarizes, since judgment leads to comparisons and expectations, resulting in negative feelings – the complete opposite of what we desire. We feel sad, lonely, depressed, and stressed. We are continually looking for another fix to solve what isn't working in our lives.

When we look for answers outside of ourselves, expecting doctors to fix us, teachers to know all the answers, and parents to tell us what to do, our energy is always going out. Likewise, codependent relationships result in an imbalance, where energy is always given and nothing is received. Our power is drained, leaving us empty inside.

In this reality, thought patterns are concrete. We need to have proof of all things, believing only in what we can physically see, hear, and touch.

Also, trusting and believing only in ourselves or only thinking about ourselves can keep the energy inside, resulting in it falling in on itself. We feel we have no control of our life. We can become a victim, making life very difficult. We get stuck in the “pit” doing the same thing over and over again, not knowing how to find true solutions for the challenges in our life.

The following guided imagery will help you understand Newtonian Reality:

## ***Out of the Pit Visualization***

*Life has me down...I'm in the pit...the Newtonian pit!! I'm stuck! Stuck in my left brain...marching to the beat of the drum!! Forever...marching...marching...on and on...scared...worried...nervous...I try hard and hit a wall...fearful...anxious...Butterflies in my stomach...I want out...I'm trapped...in the Newtonian pit!! I want to run...I*



*run...now I'm lost...confused...bored...I'm swimming in my  
right brain ...getting nowhere...always in trouble...*

You are now experiencing Newtonian reality:

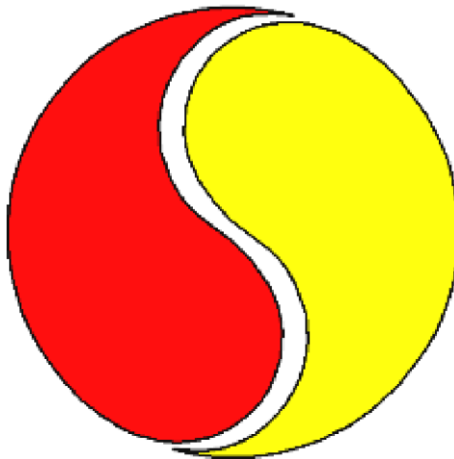
**Life is hard.**

Can you identify with this reality?

(In a notebook or journal, write your thoughts, feelings and behaviors dealing with Newtonian Reality. Be aware of any fears or experiences that may be coming up that you would like to learn to clear.)

Let's describe the next level.

## **EINSTEINIAN REALITY (REVIVER STATE)**



## In **Einsteinian Law**, life is **relative**.

Einstein came along and challenged Newton's law by saying objects aren't solid. He said that two plus two doesn't necessarily equal four. How aren't they really solid. They are made up mostly of the space inside them. Do many of us understand that? We could say that **life is a paradox**, or **it's relative** to what we are thinking or feeling. Shakespeare said, "There is nothing good or bad but thinking makes it so." Is our experience of life really dependent on what we think and how we feel?

Yes! The energy is mutable on an Einsteinian level. It changes forms. It's more *concentrated* and *refined* and moves at the *speed of light*, so we can create new circumstances quickly. Life is no longer black and white, cut and dried. It is very often a paradox.

Stepping forward in faith to consider a new paradigm is a learning experience. We begin to realize that we are the co-creators of our lives. If we stay with what is safe, always trying to be careful, taking baby steps, we may be manifesting fear, which is counterproductive and blocks positive energy.

In Einsteinian reality, we become more conscious as we stay intuitively connected. We realize we can draw upon the kind of energy that will create success in our lives. Instead of adhering strictly to superficial rules or living in the opposite extreme of having no rules, we

begin to live by true principles. We no longer judge ourselves harshly for mistakes we make, and we take responsibility for our decisions. We learn from our lessons and move on.

We will naturally be challenged to move through our fear blocks. These challenges always require a leap of faith. We may be prompted to do things that go against what always made us feel safe or that contradicts our previous life experience. The challenge may not seem rational, and we may fear being ridiculed or opposed.

Truth goes through four stages: first, it is ridiculed, then violently opposed, then tolerated, and finally it is accepted as truth.

This process of living in grace prompts us to trust in our true inner self which is connected to a power greater than ourselves. In this state, we can draw upon all knowledge. We find that we must step into the darkness before the light will appear. The more we trust within, the closer the vibrational frequencies are, and the greater the joy we have in our lives. We rely on our intuitive abilities to keep us aligned, which opens us to seeing “the big picture.” We can then truly begin to enjoy the process of life.

Our energy becomes more refined and concentrated as we clear ourselves of the negative effects of the world. Our spirit energy frequency begins to vibrate at higher levels, and we begin to attract positive experiences into our lives.

Let's continue our guided imagery:

## ***Out of the Pit Visualization (Cont'd)***

*I let go and quit trying so hard...I finally ask for help...I trust... going deep inside and connecting with a power greater than myself... "please lift me"... "guide me"...there's a light that carries me...shows me the way...I'm moving out of the Newtonian pit!! I'm moving into Einsteinian reality...now I am connecting to my intuitive self...my higher self that knows all things...I trust...and believe...and start to feel...and experience...I relax ...allow ... flow...my mind is opening...and clearing...I now can see...I am hopeful...I feel as though I can breathe...what a difference...I am more flexible...I am playful...I am beginning to enjoy my life...I want to learn...I want to grow...I'm being lifted...and carried ...*

You are now accessing an Einsteinian reality:

**Life is relative to what we make of it, and very often a paradox!**

In this reality, we learn to clear ourselves of what is blocking us from being true to our higher self. We call this the clearing process. Notice how you feel since you moved into the Einsteinian reality. What happened to start shifting the energy? Did you really let go? What differences do you feel?

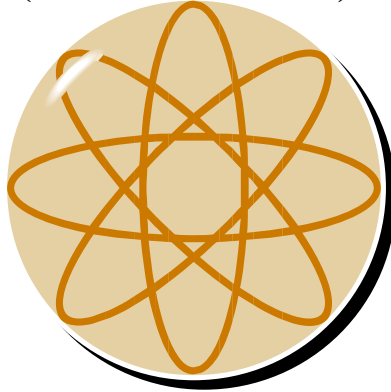
(Take time to see if you receive any ideas or solutions as to how to move through your fears. Be aware of

times in your life when you moved out of the pit. How did you do it? Journal your observations and new awareness.)

Now let's describe the Quantum level of reality.

## QUANTUM REALITY

### **(THRIVER STATE)**



Quantum Physics describes energy as being in a constant state of Einstein and other scientists made contributions to the understanding of unbroken wholeness, where the energy is instantaneously connected. Quantum Law. Dr. David Bohm in his book, *The Implicate Order*, said, “Primary physical laws cannot be discovered by a science that attempts to break the world into its parts. Parts are seen to be in immediate connection, in which their dynamical relationships depend in an irreducible way on the state

of the whole system. Thus, one is led to a new notion of unbroken wholeness, which denies the classical idea of analyzability of the world into separately and independently existent parts.”

This state of unbroken wholeness is where miracles happen in our lives. We have all experienced this phenomenon at some point, on some level. Even little miracles occur from time to time. However, most miracles go unrecognized.

Einstein said, “There are only two ways to live your life. One is as though nothing is a miracle, the other is as though everything is a miracle.”

All of us have been amazed as we have experienced being at the right place at the right time, saying and doing the right thing, and it was easy; everything worked. We can experience small glimmers of Quantum Law when we are in an integrated state.

Basketball players refer to this as “being in the zone.” They practice and practice until their skill levels are optimal, then the thing that takes them over the edge is being completely aware and trusting. This requires a relaxed and aware state. They are in a focused state of mind without thought, because thinking would interrupt their attention.

Greater miracles are possible as we begin to live by these laws and apply them to every facet of our lives.

The bigger the leap of faith, the clearer we become. The clearer we are, the purer the energy becomes, and greater miracles occur. In so doing, we acquire the knowledge, based on personal experience, to have the power within us to facilitate wholeness.

In quantum physics, the energy is whole and pure. That means that everything comes together and works for our good, no matter the circumstance. In this state, negatives turn to positives. Opposition creates unity. We are in touch with our true inner self and are no longer in judgment of ourselves or others.

We all desire to understand how this works. Ultimately, it isn't an understanding, but a state of being. It's a natural state that exists without analyzing and studying as we've been taught through conventional ways of learning. When we have worked through our blocks and fears, it's smooth sailing; we are free from the vicissitudes of life.

When we live in this natural way, we become a magnet, and what we are is attracted to us and manifests itself naturally. In this state, we are pure, divine intelligence. We create by being whole and completely true to the truth of who we are, living our lives as one, in divine unity.

We enter into this existence having pure passions in our heart and being open to divine tutelage. It's different than acquiring knowledge from outside sources. Answers, direction, and a desire to create come from within. We are guided naturally on our path to freedom.

## ***Out of the Pit Visualization (Cont'd)***

*I continue to trust and let go....I find myself moving to a new reality....on this level, everything is so clear...life is easy...I understand...I'm okay as I am...I'll just do my best...and be true to myself...It's all right to make mistakes...I learn from my them...and I succeed...I feel happy...and good inside...I learn and grow...I know my worth...I value and respect myself and others...I am abundant, pure energy ...I am prosperous...I nurture myself...I am joyful...Whole...One...Life is a miracle...I'm Quantum!!*

Now see yourself going into the future, actually being and doing what you saw, heard or felt. Magnify these new thoughts, feelings and actions by accessing greater trust and belief in your true inner self. This process will intensify your strengths. See yourself empowered in this new you. You will discover that the energy you need is inside of you as you trust and believe. You are an energy conduit, attracting healing power, and that power emanates out from your being to others. You are a light that never goes dim. And that light is your natural protection from any hardship. You are continually being strengthened and aware.

You are now experiencing Quantum Reality:

**Life is a miracle!!**

(Journal your observations and awareness.)



In Quantum Reality, the brain is integrated, so learning is whole-brained, instead of being polarized in the right or left brain. Understanding the *Circles of Learning* can provide a sense of purpose and direction for you as well as for your children. God bless you on your journey!

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## Floating Down the River

The universe is governed by certain laws. Some of us plow ahead in life, trying to control challenging situations, and some of us ignore them. Sooner or later, however, we discover that whether we fight our circumstances or avoid them, neither response is productive. When we go against the flow, we make life extremely difficult. On the other hand, if we are apathetic about what is happening, we drown.

It has been said that life is like a river. You can be heading downstream, afraid of facing the situation, holding onto the side and going against the current, getting hit by every rock. Or you can just let go by trusting and flowing, applying very little effort as you guide yourself, skimming over the top of the rocks, while the current takes you down a natural path.

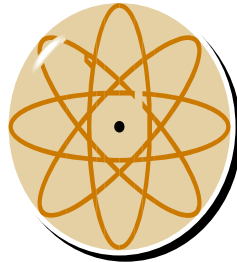
When we discover that there are natural laws in place that we cannot fight or avoid, we open up to see that there does exist a power within us that is greater than

ourselves. With this discovery, we bow our heads in reverence and respect for this awesome experience and learning opportunity. We become aware of God's hand and of angels in our life that assist and protect us.

When we take off the blinders that keep us stuck in our delusions, we can see the truth. When we are aware and trust, we can flow with the current. We can see the beauty around us. We can relax and enjoy the sun and the radiance and magnificence of the experience. There are times we may get rained on, but we still just flow whether the sun is out or not. This is true freedom. Even when it's raining . . . we are free.

## Why Do We Use Such a Small Fraction of our Brain

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### **Do You Know Why We Use Such Fraction of Our Brain?**

**Would you believe it's because of our priorities—  
where we place our focus?**

Yes, we actually fragment our brain when we place our focus in quick-fix solutions. When we open our mind and see a bigger picture, our awareness is expanded and we use more of our brain.

You may find it difficult to believe that the solution is so simple. All we have to do is change our point of

focus. As a society, we stay stuck in the Newtonian pit (see Chapter 2 of the *Inimzi Quantum Guide*) when we place our focus in “instant-cure” scenarios. Scientists say we use less than one-tenth of our brain capacity. Could this be why?

## **Brain Polarization**

When we as parents take on the unrealistic expectations of the world, and pass them on to our children, we actually create a polarization in their ability to learn. Children cannot truly learn unless they can be true to themselves.

### **So how does that show up?**

When Johnny gets home from school, it is difficult to enjoy being a family because of all the expectations. He has to go to soccer (which isn't his favorite thing to do, but his parents think it's important to have lots of different experiences), eat dinner, spend two hours doing homework (when it should only take fifteen minutes) not to mention getting yelled at the whole two hours to keep his focus, do his fifteen-minute daily chore (which takes him an hour), take his shower, and by that time, brushing his teeth is the biggest job ever. By now it's time for bed. Mom tries to make this time meaningful by reading a story, but her focus wanders because she still has dishes waiting, the baby is crying, and Dad is waiting for her to help with the company's bookkeeping. She tucks Johnny in, but he is going to bed anxious and unsettled. Needing his parents' attention, he gets up to ask for a drink. Well, not just

one drink, but three. And of guide, he is in trouble for getting out of bed. This child is thirsty, but his cup is never filled.

### **When we change our focus, this is what happens:**

Johnny comes home from school. Mom has lots to do, but she has made it a priority to take the time to find out what kind of a day he had. As a matter of fact, she has decided the day-to-day things aren't going to control her any longer. She has discovered when she focuses on the bigger picture and values the relationships more than the expectations, life is rewarding, and the family is motivated from within. She no longer has unreasonable expectations and has learned that Johnny will learn from making some mistakes. She also recognizes that if she is okay with the challenges that come up, there is always a solution. Johnny then learns he can deal with challenges as well. When she is okay, he is okay too. In their time together, he talks freely and is able to express his feelings and be real. That way, they can deal with things as they come up, instead of putting out fires. Mom looks forward to this time every day and Johnny feels the support and caring he needs. He is self-assured and confident, naturally desiring to take responsibility for his life.

## **SOCIETAL INFLUENCES**

As was stated in chapter 2, we are the co-creators of our lives. The state of existence we live in is determined

by where we place our focus. Generally speaking, our society values a left-brain perspective, putting emphasis on rules, end results, judgments, expectations, competition and control. This leaves us stuck in a Newtonian *survivor* mindset.

When our children think they have to “perform” in the expected way in order to be of worth or to succeed, they separate themselves from the truth of who they really are. Life is not enjoyed, and learning is not experienced on a deep level. Memorization and “making the grade” are valued more than internalizing the information.

We think our children have a hard time keeping their focus and are easily influenced by their peers, but we as adults have much the same problem. The only difference is that for us, it manifests itself in more sophisticated ways. The biggest problem is that we have accepted this cultural conditioning. So, without realizing it, our attitudes are passed on to our children. We are influenced by societal expectations that mostly place value in things outside of ourselves. When something is wrong, we want doctors to fix us, teachers who know all the answers, and leaders to tell us what to do. Not that that’s all bad, but we can get out of balance. We have not learned to tap into our true inner self. Consequently, we are always looking for the “quick-fix” or “end result” solution to our problems, an attitude which can result in compulsions, addiction and unhappiness.

Let's start to honor the process of life. Inimzi Quantum Brain is here to show you a better way to live.

## **A NEW WAY (WHICH IS REALLY THE OLD WAY)**

Many ancient Biblical societies honored the process of life. Their focus wasn't on competition and getting ahead. Their focus was to enjoy life, making it easier to exist in the natural state of being. And believe it or not, they actually learned in a natural way. It's truly amazing what is learned in this natural state!

This is something that is difficult for us to understand. We have been so programmed to believe that learning is done sitting at a desk, with a book. Believe it or not, that's the slow way! The so-called "fast learners" in our society are really the slow learners!

So, what is this new way? Have you ever considered having a different perspective or different priorities in your life? What kind of a shift would occur if you did?

Let's look at the differences between living in our society and ancient Biblical society.

## DIFFERENCES IN PERSPECTIVES

### **Ancient Biblical Society**

1. Man leaves heavenly home
2. He enters lone and dreary world
3. He exercises grace
4. He seeks a teacher
5. Redemption is the focus
6. He manifests a changed nature
7. He receives a gift
8. He becomes a creator of all gifts
9. His gift is shared with others  
share

### **American Society**

1. Man is born
2. He is lost
3. He becomes fearful
4. He tries to meet the  
world's expectations and survives by  
willpower and discipline
5. Educational  
advantage is the focus
6. He seeks for power  
and riches
7. He never has enough
8. He becomes  
compulsive
9. He has nothing to  
share

Adapted from *Teach the Children* by Neil Flinders



## How do we change our focus?

The benefit of Inimzi Quantum Brain isn't necessarily the letter grade, or what you might expect to get, because our program isn't a quick fix. You need to change your focus in order to create a shift. It initially may not be what you want to hear, but be patient, because it is better than you ever realized!

Inimzi guides are designed to raise awareness and provide the tools needed to shift your focus to be in alignment with universal laws. Then things start to fall into place— like those little things you worry so much about . . . you know, math, spelling, reading, etc. When you put your priorities in order, things start to take care of themselves, and I don't mean **just** subject matter. I mean you will actually have independent children who **want** to take responsibility for their lives. As parents, isn't that ultimately what you want? Or is the letter grade the most important? Ask yourself that question and you will know where your priorities lie.

So how do we change our focus? *Change our priorities* and we will begin to use our whole brain!

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## LEFT AND RIGHT BRAIN DIFFERENCES

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In this chapter you will develop greater awareness of yourself and your child as you understand how the brain processes information.

We will start by playing a left/right brain game.

Circle which of the following words best describe you. You may want to answer the questions again for other members of your family.

- |    |                                     |     |                                 |
|----|-------------------------------------|-----|---------------------------------|
| 1. | A. Planner<br>B. Impulsive          | 8.  | A. Logical<br>B. Story-teller   |
| 2. | A. Detail-oriented<br>B. Conceptual | 9.  | A. Sequential<br>B. Random      |
| 3. | A. Rational<br>B. Emotional         | 10. | A. Fact-based<br>B. Imaginative |
| 4. | A. Rule-bound<br>B. Spontaneous     | 11. | A. Controlled<br>B. Uninhibited |
| 5. | A. Meticulous<br>B. Carefree        | 12. | A. Talkative<br>B. Listener     |

6. A. Systematic      13. A. Analytical B.  
B. Disorganized      B. Daydreamer
7. A. Responsible      14. A. Judgmental  
B. Fun-loving      B. Complacent
15. A. Decisive  
B. Playful

Add up how many A's you circled and how many B's. If you circled more A's than B's, you use your left brain more than your right. If you circled more B's than A's, you use your right brain more. If you are half and half, then you use both your right and left brain. That means you may swing from one to the other. If you had difficulty deciding between the words or if the words don't quite describe you, your left and right hemispheres may be integrated.

This next exercise will give you a *sense* of the difference between the left and right brain.

**Write a sentence using these words:**

Free, heart, feeling, fun, creative

**Now write a sentence using these words:**

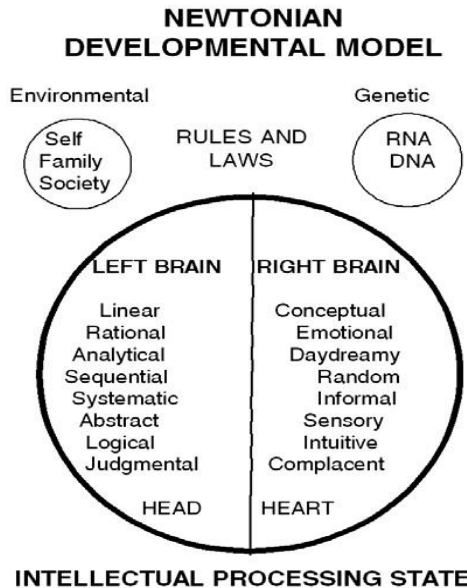
Structure, logical, sequencing, judgment,  
expectations

What did you notice?

The first sentence you wrote used right-brain words. The second sentence used left-brain words. Did you enjoy the right brain more or was the left brain easier for you? Just make observations. There is no right or wrong answer.

## Differences between the Left and Right Brain

The model below shows the differences between the left and right brain. Notice how the right side of the brain processes information completely the opposite of the left. So a left-brain-dominant person will see and respond to things very differently than a right-brain-dominant person.



(Continue to refer to the model as different examples are cited below.)

## Notice how the differences show up in everyday life!

The left brain is **linear** in thought; the right brain is **conceptual**:

### *In a School Setting*

The **left brain** processes in a *linear way*. The **right brain** is *conceptual*. It's easy for the left-brained student to focus his mind in order to get things done. Anything that is done using a straight line is easy. Reading left-to-right and sequential step-by-step instructions are natural for these students. It is fairly simple for these students to stay focused on what the teacher is saying. If they are extremely polarized in the left-brain, however, they may get blocked and go into tunnel vision. This makes it difficult to see concepts. The right brain sees the big picture. Because right-brained students can pick up concepts easily, they may become bored when they have to do the left-brain "busy work." Their brain often fills in the blanks and may make erroneous assumptions about certain things.

Very often, when they read, they will add things that aren't there or skip lines or words. Keeping columns or margins is usually difficult.

### **A Real Life Situation**

Imagine your partner is **conceptual** in thought. He/she is creative and full of stories. You are fact-based and in your mind, honest. When they would tell a story, to you it seems blown out of proportion, with things added that weren't true. You would immediately hone in with your **linear** mind (judgment), and correct their story, not making any allowance for their creativity and ability to see things outside of what you see. How many of us find ourselves squelching the creativity and right-brain conceptual viewpoint of our children and others? Maybe these "new kids" are here to help us see a bigger picture?

### **A Parable**

Three blind men were asked to describe an elephant. The first blind man was at the trunk and described a thick, long hose that snorts and moves around. The second blind man stood at the tail and said, "This thing doesn't have a long hose that snorts. It's like a thick, short rope with a frizzled end." The third blind man stood at the elephant's leg and described it as a tree trunk with sparse, bristly hair. Each blind man described the part accurately, each person thinking his viewpoint was the only way to see things. This is a left-brained way to view something: from the parts. A right-brained way of looking at the elephant would portray something different: the whole. Now, who is right? They are all right from their individual perspectives.

The left brain is **rational** in thought; the right brain is **emotional**:

### ***In a School Setting***

The **left brain** is **rational**, as opposed to the **right brain** being **emotional**. The left brain likes to understand the reason for things. Left-brain-dominant people do things because it makes sense. It is rational to do your schoolwork first or pay your bills before you spend your money on fun. The right brain is *feeling* what is going on. A right-brainer will be more inclined to procrastinate, or spend money on something they have had their eye on, saying “I deserve it!”

### ***Everyday Life***

I took my computer in to have it repaired. After looking it over, the repairman told me I needed a new computer. I was satisfied with his answer, since I **felt** his sincerity. That was all I needed to know. The details were superfluous to me. My mind was on to more important things in my life. When I got back to the office to announce that we needed a new computer, my business partner, who is more **rational** and left-brained, felt it was important to know exactly what was wrong with the computer. The only answers I could give were, “I don’t know. I don’t know.” I realized I sounded like right-brained individuals.

The left brain is **analytical** in thought; the right brain is **daydreamy**:

### ***In a School Setting***

The **left brain** **analyzes** every little piece, whereas the **right brain** naturally **daydreams**. In the classroom, the left-brain-dominant students are functioning in

the two-to-three-dimensional world and figuring out what and why things are happening. They are the students who can respond with answers quickly. The right-brain-dominant students are creative and daydreaming in who-knows-wheresville . . . probably somewhere in the fourth dimension. Therefore, they may not be conscious of what is going on. Because the left brain is the analytical side of the brain, it is the judge. Whenever we go into judgment, we are functioning from the left brain. Because the right brain is more emotional and daydreamy, a right-brainer may seem unaware of events or circumstances that are happening. If people who are predominantly right-brained are pressured, they react by retreating into themselves and becoming more complacent.

### *A Real Life Situation*

When my mom and brother would go on vacation, they made a good team because, as a left-brainer, my brother studied the map and watched for all the signs on the road. He couldn't figure out why mom was always so surprised that he could find his way around. In his *analytical* mind, all you had to do was pay attention and read the signs. He didn't realize that when she was on vacation, she was in her *daydreamy* right brain, and she was on vacation. She would be enjoying the scenery and had cleared her mind of any responsibility.

When he started using more of my right brain, he noticed that when they went on subsequent vacations, they were always getting lost. It finally occurred to him that he had learned to go on vacation too.



Because he had learned to use his right brain, he could relax and enjoy himself. When he brought it to my mother's attention what was happening, she gladly began to help navigate, and once again we made a good team.

The left brain is **sequential** in thought; the right brain is **random**:

### ***In a School Setting***

**Left-brain**-dominant people will do things in a very organized, **sequential** way. Their desks are organized, they keep track of their assignments, know when they are due, and hand them in on time. **Right brain**-dominant people do things **randomly**, therefore, they forget their notebooks, their papers are scattered, they don't know when assignments are due, and if they happen to do their work, they forget to hand them in.

### ***In Everyday Conversation***

**Left-brain**-dominant people are **sequential** in thought. Their conversation is orderly and very detailed. This often gets on the nerves of right-brain-dominant people because they don't need all those details explained. They figure out the obvious after the first sentence. The **right-brain** dominant person's conversation is **random**. Because they gather lots of information at one time, they may have difficulty pulling it all together to express themselves effectively. So, the left-brained person may ask lots of questions to gather a complete thought, which may be irritating to the right-brained person.

### **A Real Life Situation**

Consider this. In most marriages, one of the partners would operate predominantly in their left brain. While right-brained partner would keep saying, “You don’t know how to have fun!” First partner would defend themselves by saying, “I know when it’s time to play and when it’s time to work.” He/She didn’t do things in **sequence** or segment life into parts, such as: this is when you play, this is when you do the dishes, and this is when you clean the house. He/She did things in **random** order, without a plan, which seemed haphazard to you. Nothing ever seemed done. Everything blended together in what seems to you to be chaos, but they had fun!!

The left brain is **systematic** in thought; the  
right brain is **informal**:

### **In a School Setting**

**Left-brained** people like **systems** and **structure**. It makes them feel secure. In the left-brain school system, left-brain students do well because they are in their natural element. **Right-brained** people are **informal**. To them, structure is controlling; they have difficulty following a day-to-day routine. They like to be creative, and they feel inhibited by the rules attached to structure.

### **In Everyday Life**

Imagine that in your early years you always planned your life out before it happened. That way you were organized, on top of things, and thought you got a lot done. Your partner used to say, “You sure work hard

to get nowhere.” That only made you mad! But pretty soon you found yourself blocked. You really weren’t getting anywhere! So, you decided to rearrange your schedule, thinking that might make a difference. All you ended up with was a different schedule. Not until you became very frustrated, did you start to look for a whole new way to do things. You realized that the structure and **systems** were creating a false sense of security. With that realization, you were able to be a little more **informal** and began to relax and enjoy your life more. You started to trust in the unknown. You learned the only way through was to step into the darkness and trust that you would be guided. It was only then that you experienced true freedom. Then life really became a trip!!

The left brain is **abstract**; the right brain is **sensory**:

### **In a School Setting**

The **left brain** can think in the **abstract**, which is a higher order of thinking. Example: when a child can progress from adding two blocks together to recognizing the symbols  $1+1=2$ , she has gone from the concrete to the abstract.

The **right brain** is **sensory**. It responds to touch and the other physical senses. The right brain also feels on a higher level, and is aware of things beyond the three-dimensional world. Students who seem to do things backwards are responding to an internal sense of direction rather than an external one. Directional processes on a two-dimensional surface can be very confusing to them, but they are very accurate when it

comes to sensing on a multi-dimensional plane. Society usually doesn't acknowledge this kind of awareness; it can't be seen or understood on a physical level.

### **A Real Life Situation**

When your son was in school, he could tell you the answers to long-division problems without working them out. You couldn't figure out how he did it. So, you would give him the sequence to divide, multiply, subtract, and bring down, but he couldn't follow it. With his understanding of number relativity, his ability to think in the abstract, and his intuition, he was able to come up with the answers. Since you were a logical thinker, you thought he could reason it out in his mind and tell you how he got the answer. But when you asked him how he did it, he always said, "I don't know." Those were his favorite three words!! Many times these "Einsteinian" students come up with ideas and solutions but they have no idea how they did it. They fill in the blanks, using these "higher abilities" and are able to respond to situations without being consciously aware of their thought process. You were trying to program his brain to a lower level of learning that he didn't need. If a child understands concepts, he will intuit the rules and figure it out in his mind!! When we give a right-brained child a bunch of rules to learn by, there is no meaning—only a memorization of a process. Is that really learning?

The left brain is **logical**; the right brain is **intuitive**:

### *In a School Setting*

The **left brain** responds to *logic*, whereas the **right brain** responds *intuitively*. The left brain wants to understand and does things because there is a reasonable explanation. The right brain many times does things without understanding why.

Your right-brain-dominant daughter always had an interest in other cultures. So, you host foreign exchange students once in a while. You notice she could sit for hours with them as if she understands everything they are saying, even when they were speaking foreign language. You ask her if she understand them, and she says, “Yes.” You ask her how she does it, and she looks at you in a funny way, as if to say, “What do you mean?”

### *In Everyday Life*

When our children are young, most of us like to have quality times with them right before bed. One night, I announced that it was time for our nightly book reading and that they should all go get their book. Everyone scampered off for their books except one daughter, who complained that her leg hurt too much to walk to her bedroom. (She had been fine one minute before.) As she moaned on the floor in feigned agony, my **logical** left brain told me that she was faking and that I should not indulge such behavior. I wanted to order her to shape up and follow my instructions, but I knew that an argument between us would effectively ruin any chance of a spiritual discussion. So in desperation, I went into a quick meditative state and asked for help.

My *intuitive* right brain knew what to do immediately. Without even thinking, I walked over to my daughter and said, “If your leg hurts, I’ll get your book for you.” She looked at me in surprise and jumped up and walked to the sofa. We subsequently had a wonderful family time.

When my son was about eight years old, his best friend got a new bike. Every time I looked out the window, he was on his friend’s new bike. I told him he needed to let him ride his new bike, but the next time I looked out the window, there was my son on his friend’s new bike again. I would bring him in and reason in a very *logical* way why he shouldn’t always be riding his friend’s new bike, but he would just look puzzled. I remember saying to him, “You don’t understand what I’m saying, do you?” He said, “No.”

It wasn’t until he was in seventh grade that I began to understand how his mind worked. I learned I needed to talk to his heart (*intuitive* right brain). One day his teacher called and said, “Your son is causing problems in my class. He’s very funny, and the kids love that, but we don’t get anything done. He’s a disruption to my class.”

So, when he got home from school, I said, “your history teacher called today concerned about you. He wants to know what he can do for you to make the class more interesting so he can hold your attention.”

After a few days, the teacher called me back and said, “In my entire teaching career, I have never had a

student respond so immediately to a phone call home. What did you say to him?” I said, “Oh, I just talked to his heart.”

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We at Inimzi Quantum Brain hopes this chapter has helped you understand how you and your child process information.

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## LEARNING BLOCKS THAT ARE CREATED BY STRESS

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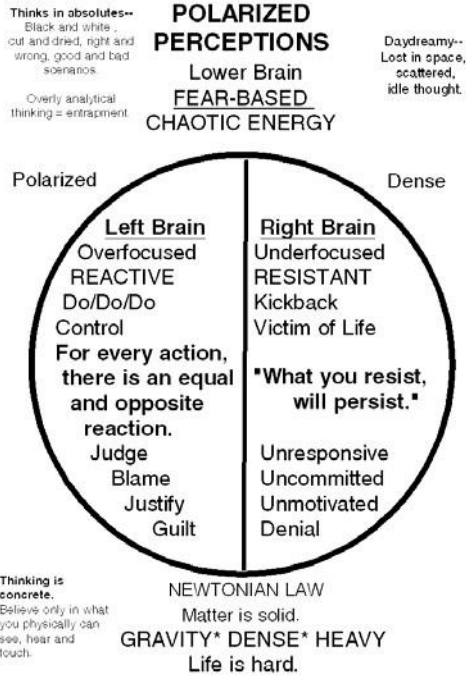
In the first chapter of the *Inimzi Quantum Guide*, I mentioned that stress is the single most inhibiting factor that interferes with the ability to learn.

When we are stressed, we step outside of our natural state of being, which is a state of wholeness. We don't feel as though we can be true to ourselves because of the world's expectations. Stress causes a fragmentation in the brain and affects how we function in the world. In this state of being, we cannot be in alignment with universal laws.

Remember Dr. David Bohm's statement (in Chapter 2), that primary laws cannot be discovered by a science that breaks the world into parts? If we want to live in a Quantum (whole) state, we need to look outside of our current programming.

In Chapter 4, we learned the differences between the left and right brain. Now let's look at the different ways the left and right brain respond to stress. We'll refer to the model on the following page.





A good indication of which side of the brain is dominant is how a person responds to stress. When we are stressed, we operate from the side of the brain that is most comfortable for us

## Left-Brainers Under Stress

When people who function more from their left brain are stressed, they get over-focused and use control. They do, do, do, but eventually find that control isn't the answer. The relevant physics law for the energy underlying this situation is: *“for every action, there is an equal or opposite reaction.”* Therefore, no matter how hard

they try, they don't get permanent solutions. They find themselves back at square one time and again.

Under stress, left-brainers self-criticism get very judgmental, since that is the analytical side of the brain. (Anytime we are in judgment, whether we are left or right-brain-dominant, we are operating from the left side of the brain.) Left-brainers place blame, justify why they are right, and load guilt on themselves and others, since they have a very pronounced sense of right and wrong.

### **Right-Brainers under Stress**

When right-brain-dominant people are stressed, they become under-focused, usually “numbing out.” So they will avoid the problem or “go on vacation.” The more you tell them to hurry, the slower they move. The relevant physics law for the energy underlying this situation is: “*what you resist will persist.*” So, no matter how much they try to avoid, it won't go away. Does school go away? Do parents go away? The more they avoid, the bigger the problem gets. Pretty soon they are so overwhelmed, they don't know what to do. They get more complacent, uncommitted, unmotivated and sit in denial about their out-of-control circumstances.

It is important to be aware that in relationships, the more the left-brain-dominant person judges and blames, the more the right-brain-dominant person will run away or go numb. This causes the left-brainer to push harder, and the cycle continues.

Of guide, it can work the other way too. The right-brain-dominant person is unmotivated, so the left-brain dominant person reacts with force. Ultimately, they attracted one another (like a magnet) and came together for a reason: to teach each other how to balance out. If they can honestly look at themselves, they can learn to understand and appreciate each other.

## **The Swingers under Stress**

Some individuals swing from one side of the brain to the other, but there is usually a predetermined hemisphere preference. When right-brain-dominant people swing to the left, it is most likely because they have experienced negative consequences for their actions. They may put forth some effort to change but trying hard isn't natural for them. Their endurance provides no lasting reward, so they quit and swing back to being complacent or apathetic. If left-brain-dominant people swing to the right, it is usually because their skill levels are low or blocked in some way. They may have a mixed brain-dominance pattern, which creates emotional upheaval. Or they may be too perfectionistic, which keeps them stuck in a narrow way of seeing. They try hard and repeatedly fail, so they give up and move into the right brain for safety and protection.

## **Integrated State**

Students who do well in school usually use more of their left brain. They are able to access enough of their right brain to think three-dimensionally in order to

work on a two-dimensional flat surface. These students are usually classified as being integrated. Students who think in the fourth to sixth dimension usually use more of their right brain. They are the students who don't do as well in school. They are falling through the cracks, but don't qualify for any special education help. They often are borderline A.D.D., A.D.H.D., or have dyslexic tendencies. The interesting thing is, if the school system were more right-brained in its approach to teaching, these students would be considered integrated! Then there are the seven-to-nine-dimension students. Watch out! They are from another world! These are the students with intuitive gifts that often go unnoticed.

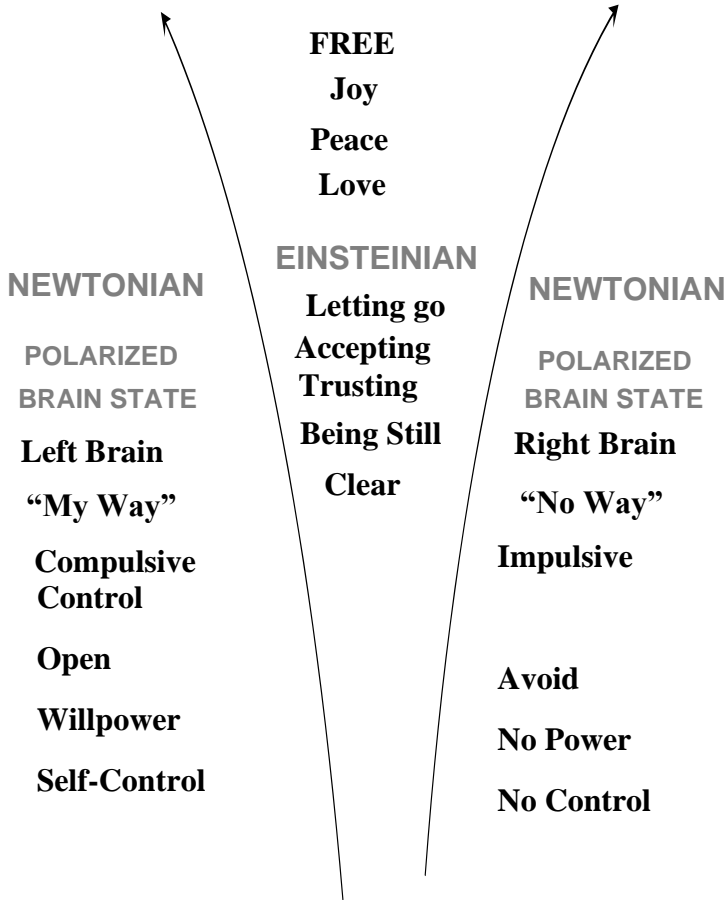
Do you think it's time we get more creative in our teaching? When we begin to value the right brain more, we will be more balanced and begin to use more of our whole brain.

So, the next question is: how do we integrate and begin to use our whole brain?

When we use our whole brain, we will function in our natural state of being. Let's look at the process to do that. (Refer to model below)

## **“GETTING THROUGH” to the *Natural State of Being***

**QUANTUM**  
**“Higher Way”**



**Swinging Left to Right**

Both Newtonian polarized brain states represent extremes. On this level, both the left and right sides of the brain operate from fear. When we are out of balance and operating from the **left** brain, we become compulsive. We try to control, use willpower, and self-control to assure success in life. Based on our perceptions, we believe we know where we should go and what we should do. Our actions often show up as being the “good” thing to do because this is a left-brained society. So we appear to always be “right.” Polarized left-brainers want to prevent anything negative from happening. They lack trust in the unknown and in a power greater than themselves. Consequently, they have difficulty enjoying the moment. Their whole mindset is: **MY WAY** is the right way.

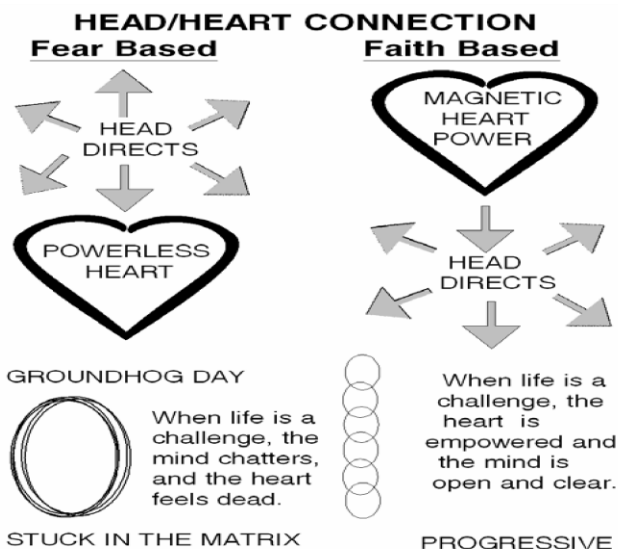
When we are in a fear-based right-brain polarized state, we do just the opposite. We numb out and look for something to satisfy our unmet needs. We become impulsive; we avoid and have no power or control over our lives. Not having ever learned how to deal with feelings, they are stuffed, and we begin to feel dead. This leaves us with no power to accomplish anything. We can sit in the ugliest of circumstances and be in denial about what is happening. To right-brained people, living by a set of arbitrary (to them) rules is a fallacy. They aren’t going to march to the beat of anyone’s drum, because they are okay with learning naturally and honoring their process. The thing that gets them into trouble is not being clear emotionally. Many times, they respond to emotional needs rather than a true heart connection (which is explained in the

Head/Heart Connection model below). Therefore, they become overwhelmed, scattered, lost, and have no organizational ability or direction. They end up out of control, with **NO WAY** of getting anywhere.

So, what pulls the left and right brain together so they can be in an integrated, Einsteinian state?

By trusting, accepting ourselves and our circumstances, letting go and being still, we begin to tap in to the inner wisdom of all knowledge. We set ourselves free to eventually live the **HIGHER WAY . . .** in a Quantum state of being.

When we have a desire to trust, we make what is called the *Head/Heart Connection* and begin to access our natural state of being.



## HEAD/HEART CONNECTION

Usually a head/heart connection is made when we have experienced the Newtonian Pit long enough to see that life isn't working---it finally gets our attention! However, we don't have to wait for difficult circumstances in order to become aware. As a matter of fact, don't wait until you experience more pain! That's why this Quantum Guide is so important. This is information everyone needs. When we begin to live our lives in alignment with true universal laws, there is a ripple effect that affects everyone around us. This is the most powerful work we could ever do! It will also be challenging but rewarding! The source doesn't make wimps!

When we figure out that our lives aren't working, we are open to new ways of living. Thank heaven for that! We can begin to step outside the box! It's nothing to be ashamed of. Those who can admit they need help are the ones who get in touch with their natural state of being, because they aren't afraid to be honest with themselves.

So, when we *desire* to live in *grace* and *trust*, we begin to create balance in our lives. The *left-brain* dominant people stop operating outside of themselves and seek for answers within. (This is one of the main focuses of Inimzi Quantum Brain.) Discovering the power within provides security, and fears begin to melt away. We are empowered as we learn that a true heart response gives us the ability to be ourselves. The heart is the power source and the head directs the energy of the heart, to create. We are no longer controlled by outside circumstances. Now things are operating in alignment. The left brain quits chattering away with all the answers, allowing for the right brain



(which is known as the heart side of the brain) to take its proper place of authority.

The ***right-brain***-dominant people empower themselves as they recognize the power of ***choice*** and ***aspiration*** to live their lives differently. When we discover the difference between an emotional response and a heart response, we begin to come out of ourselves. We begin to recognize and nurture others' needs, which naturally nurtures ourselves.

So, what is the difference between an ***emotional response*** and a ***heart response***?

An emotional response is usually based on a need.

When we use an outside source to fill our needs, (alcohol, drugs, relationships, sex, food, recreation etc.) it is only a temporary fix, and will eventually zap the energy of any situation or relationship we are in.

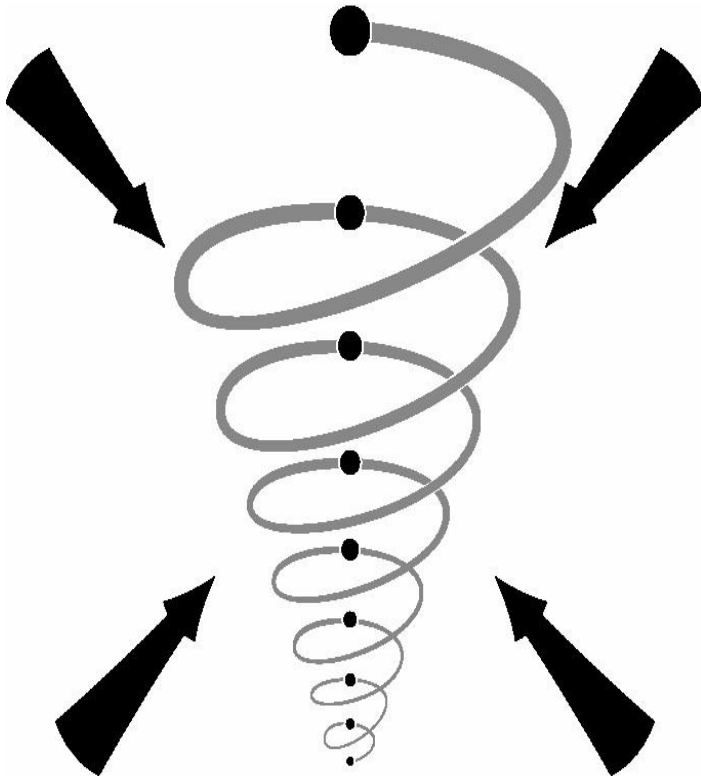
A true passion or hope comes from the heart. When the passion is pure, the heart provides an endless supply of energy. We open our heart by being honest and truly desiring to look at ourselves clearly. When we do, we have an awareness of what is blocking us in our lives. That will move us toward the desired result.

A heart response is clear and powerful; there is no confusion about the difference between it and an emotional need. Our emotions can mislead us, but our true heart will always lead us toward our highest good.

In our lives, we are hit with a challenge on every level we reach. The dots on the model below represent an integrated state at each level. The arrows represent the challenges we experience. We usually spiral down with the trauma of a perceived negative experience; but as we stay open and clear, realizing the good we

derive from each experience, we intuitively draw to us what we need to spiral up to the next level. As we continue this journey, we begin to clear out ineffective patterns and can even get to a place where we no longer spiral down, but actually rise to the top. The clearer we are, the more our spirit energy begins to vibrate at a higher frequency, and we become a magnet, attracting all that is good.

## Integrated State



Once we begin to open our heart, we sense a glimmer of how magnificent we are, because we are in touch with our natural state of being . . . our true self.

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## THE NATURAL STATE OF BEING

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I have talked in previous chapters about the *natural state of being*, where learning is effortless, and life is easy. In this chapter, I will explain what this state of being is and what it takes to be in it.

It will surprise you how simple the process is: all it takes is being true to yourself. It is *simple*, but it may not be *easy*, because most of us have forgotten how to do that. The purpose of this chapter is to reawaken the true self that is deep within each one of us.

I previously stated that children learn intuitively and love to learn, unless we program them otherwise. When we as parents have unrealistic expectations and judgmental attitudes toward our children, we can create a polarization in their ability to learn (or a lack of integration between the left and right brain).

We are going to review the Newtonian, Einsteinian and Quantum levels of reality to determine how to move beyond those states that block us from our true selves.

First, we need to see what has happened over the years to create such a division in being true to ourselves.

The Societal State Chart (below) shows the different states in which we live and how we respond to life, depending upon what side of the brain is dominant. With bliss, trust and knowledge we can raise ourselves to a higher state of being. As we do, we will live in that natural state which brings ultimate freedom.

<i>SOCIETAL STATES</i>			
Newtonian (polarized)		<b>Einsteinian</b>	<b>Quantum</b>
(Left Brain)	(RightBrain)	(Integrating)	(WholeBrain)
Rule-bound	No Rules	Principle-based	NATURAL
End-result-oriented	Unmotivated	Process-oriented	BE
Judgmental	Complacent	Aware	IS
Expectant	Apathetic	Accepting	ARE
Competitive	Avoiding	Cooperative	ONE
Controlling	Victimized	Flexible	WHOLE

**Refer to the chart above as you read through these explanations:**

**Polarized Left Brain = Rule-bound**  
**Polarized Right Brain = No rules**

## Principles→*Natural State*

When we are functioning in the **Newtonian polarized state**, *left-brain rule bound* ways of living can create “have to” attitudes. We may do the right thing, but for the wrong reason, so there is no inner satisfaction. Our lives feel unfulfilled, but we don’t know what to do about it. In a polarized *right-brain* state, we just go with whatever is happening **without** having a plan or following **rules**. We are victims of life, but don’t seem to notice. Natural consequences, or the desperation we feel that our lives aren’t working, motivates us to look for a different way to live. Then we begin to take responsibility for our lives.

When we move toward the **Einsteinian state**, we become *principle-based*. Living comes from within, or from the heart. Instead of feeling like we *have* to do things in life, we *want* to. When we are operating from our passions, instead of force, there is a very different energy behind what we are doing.

In **Quantum**, which is our **natural state**, we are powerful. We know how to consciously create our lives. We naturally function from the truth within which is our heart center. This is the power source of all that is good for us and the lives of all those we influence.

**Polarized Left Brain = End-result-oriented**  
**Polarized Right Brain = Unmotivated**

**Process-oriented→*BE***

If we are polarized in the **Newtonian** *left brain*, we are always focused on the **end result**. We are never happy in the present moment. Therefore, what we desire never seems to come to pass, because we are always wishing for something beyond. We can't see that what we actually want is manifesting itself, because we are so busy looking ahead. We don't trust or slow ourselves down long enough to enjoy the moment and allow the universe to provide for our wants and needs.

If we are polarized in the **Newtonian** *right brain*, we **are unmotivated** by life. We will do whatever our emotions tell us to do and run away from unpleasant tasks or feelings. We have no faith or trust in our *true inner self* and have no hope for anything better. We are sitting in denial, feeling at a loss as to how to take responsibility for ourselves. We live without any guidelines or boundaries.

When we learn to trust the guidance within ourselves and begin to integrate the abilities of both the *right and left brain*, we will move to the **Einsteinian** state and begin to enjoy the **process** of life. We accept what comes our way. We learn, without judgment, from all our experiences. In this state, we don't repeat the same lessons over and over again. We learn quickly and move on.

In a **Quantum** state of **BEing**, we stand in the perfect stillness of pure power. It doesn't matter what is happening around us, we maintain our peaceful presence. We create, not by what we *do*, but by what we *are*. We will naturally attract all that is good into our life.

## Judgmental vs. Complacent

Aware → *IS*

Whenever we are in *judgment*, we are in the *left brain*. This keeps us stuck in the **Newtonian** pit and creates a polarization in our relationships *and* in our brain. When we are in judgment, our intent isn't pure because we are critical or have negative feelings. We may correct others to elevate ourselves or to have control of what they are doing or saying. The more judgmental we are, the more others become *complacent*, or the more *complacent* someone is, the more *judgmental* the other person becomes. It's a vicious circle.

When we move out of judgment to the **Einsteinian** level, we become *aware*. We see situations as they are, but there is no need to control someone to meet an expectation. We have trust in others, even when they are making choices that don't fit the way we live our lives. When we don't trust our children to listen to their own internal guidance, they tend to rebel. When we try to control situations, they don't have to take responsibility for themselves because we are doing the work for them. We can give our children choices within acceptable parameters, so they feel they have options and some power over their own lives. Our role should be to advise and counsel, free of judgments ... allowing them to even make mistakes, knowing that as they listen, they will eventually find the right path for themselves.

As we stay out of *judgment*, and become *aware* of what is going on, we move to the **Quantum** level and



accept what **IS**, knowing what needs to be learned will be. We see our children in their wholeness and perfection and can transform negative energy by trusting and believing in them. We let go of our expectations, and we *accept* them the way they are. That doesn't mean we go into denial and bury our heads in the sand. We will be perfectly aware of each situation, staying out of judgment, but knowing what to do to create good for the benefit of all involved.

### Expectant vs. Apathetic

Accepting → **ARE**

In the **Newtonian** level, **expectations** have an element of control. They come from what we want to have happen. Even though we think we know what's best, we don't always see the big picture. *Left-brained* people want the steps all laid out so they can plan, then act. It's their natural way of doing things. It makes them feel secure.

When a left-brain-dominant person expects too much, the *right-brain*-dominant person may get overwhelmed with everything, become **apathetic**, and may even "check out." Right-brain-dominant people march to their own drummer. How they do things may be completely opposite of someone operating from the left brain. This can cause a great deal of frustration for the left-brained individual, hence, greater expectations. This, of course, creates a vicious cycle. Right-brained people aren't necessarily going to do something

because someone said to. Their priority is in how it feels. If they feel controlled in any way, you will get a negative response.

You will move to an **Einsteinian** level as you learn to **accept** your children and develop trust for them. That will feel good to them. They will push the limits to test you to see if you do totally accept and trust them. They learn best with natural consequences. When they suffer a consequence, let them know you are sorry they have to deal with the results of their actions. (Do your best to be sincerely sorry instead of angry or upset. This will take trust and grace on your part). Remember, let them feel the consequence. If you take on the problem, they don't have to and the behavior will repeat itself. Once you have learned this lesson and the element of control is out of the picture, they will be able to accept your counsel because you have accepted them.

The danger parents face when trying to implement this philosophy is that they might swing from expectations and control to indulgence, or a “You do whatever you want” attitude. In that case, children feel abandoned. They need a balance of guidance and trust, knowing all the time how much you care. They will trust you when you trust them. It is amazing how this works!!

*Accepting* our children as they **ARE**, or accepting our circumstances, is the key to living in this **Quantum** state of ultimate freedom. That means we get totally clear or honest and accept life. Only then can we deal with it. By accepting the situation, we naturally draw upon the power to create something different. We

accept our good or the good of others even though what we desire isn't manifesting itself yet. We are then creating the energy for it to happen. So, instead of reacting to the circumstances, we are guided from within to know where to go and what to do.

### Competitive vs. Avoiding

Cooperative → **ONE**

When we are in our *left brain*, being **competitive**, we are coming from a **Newtonian** state. In this state, we can't be cooperative. When we are competitive, the name of the game is to win. That means there is a loser. *Right-brained* people tend to **avoid** competition.

We move to an **Einsteinian** level when we see that competition doesn't work, *and we become cooperative*. We will live more in harmony with the world around us, bringing us greater peace. In a **Quantum** state, as we move toward living in cooperation, everything starts to come together as **ONE**.

### Controlling vs. Victimized

Flexible → **WHOLE**

In the **Newtonian** reality, when we are in our *left brain*, we tend to **control** others or circumstances. This creates a polarization in what we are doing. The law of physics that applies whenever we use control is: *For every action there is an equal and opposite reaction*.

When we are in the *right brain* Newtonian reality, we may get run over by what is happening in the world and end up being a **victim**. We may tend to avoid or run away from life. But that doesn't solve the problem. The opposite physics law applies here: *What you resist will persist*.

When we learn to let go, or step forward in grace, we begin to live in the **Einsteinian** reality where we become **flexible**. We gain the ability to adjust to our circumstances.

When we see what to do no matter the situation, we will live in a **Quantum** state of **WHOLEness**, having the power within us to transform whatever comes our way.

Many times it takes the stress in life, or experiencing enough consequences, to open our mind to a new perspective. We begin to change our focus from outside of ourselves to inside. As soon as we shift our focus inside, sincerely looking for answers, we tap into the intuitive right brain. The energy shifts, our perception opens, and we start to see things in a whole new way. We become truer to ourselves and ask ourselves why we are doing what we are doing. We begin to do things because we *want* to, not because we *have* to. When we are true to ourselves, we operate from our heart and become principle based rather than rule-bound. We start to enjoy the process of life instead of always looking for an end result. We become more aware, accepting, cooperative and flexible.

When we learn to recognize true guidance from within, we will have the courage to follow through, and trust that we will be supported in our efforts. A whole new world will open up for us as we let go of the fear of the Newtonian reality and move into the faith the Einsteinian reality.

As we continue on this journey, opening ourselves up more and more, we access our natural state of being which is whole. Nothing is simpler, or more powerful. So, we can describe the Quantum state by adding up all the words and this is the conclusion:

In our **natural** state, ***Being Is*** who you ***Are***, which is ***One Whole!***

Are we ready to set ourselves free to live in this  
*natural state of being?*

Are we ready to set our children free to *be* who  
they *are?*

## **THE I AM WITHIN** (The Natural State of Being)

I only know what I know based on who I am. You can try to make me different, then I'll become someone that I am not! You may think you're training me to be all that I am, but really what it boils down to is that I become all of what you think you want me to be. When I become all of what you think you want me to be, I

make choices based on what someone else thinks. If I make choices based on what someone else thinks, how do I know anything? How can I trust myself when I know nothing? I never learned how to make choices based on what I know inside myself. So I look for something outside to fit what I've been taught to look for. But, I can't find what I am looking for. I look everywhere, hurting myself and others because this is all I know. I don't really even know what I'm looking for, but I heard someone in the park one day say, "God is within." It's unbelievable! How could that be? All this time you've been taught to look outside of yourself. You mean there is something that I know nothing about that resides within me? What is this? I go inside to find out, and at first it's as though no one is home. But, I keep knocking and pretty soon, there is a stirring within. There is something that is alive, waiting for me. I continue to knock so I can come to know what that something is. I don't know what it is, but I'm being drawn. What is it I am coming to know? I continue to go inside, valuing and honoring this personal space and pretty soon I make contact with myself. My goodness! What an awakening! There is a me! I am actually alive! I am real and all answers are contained within myself. It is such an incredible experience, I bask in the magnificence of it. I can hardly contain myself, there is such great joy! I experience a passion for life. I love to learn and want to teach others how great they are. I now know my purpose. I value who I am. And now I know the truth inside of myself, that the source is within!!

**Remember:** Start with yourself first. That doesn't mean you ignore your family and take whatever you can get. Balance the energy by nurturing yourself daily. The key to ultimate freedom and joy lies deep within each one of us. When we fear the truth of who we are, we deceive ourselves and deny our gifts. When we believe lies that block us from our real truth, we are unable to receive the goodness and abundance the universe has to offer.

When we, as adults, think like this, our children will too. The purpose of this Quantum Guide has been for you to begin to unveil any misconceptions that block you from your true self, and to reawaken the hidden gifts that are just waiting for you to tap into.

You are worth it! Learn how to nurture yourself daily. No amount of personal energy will ever account for what is needed to help others, unless your cup is full. When you make a difference in your life, you will be able to make differences in the lives of others.

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